

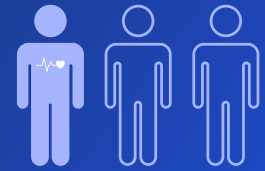


# Heart & Cardiovascular Screening



22

PEOPLE DIE FROM HEART  
DISEASE AND STROKE  
EVERY DAY IN SINGAPORE.



30.5%

THAT'S 30.5% OF ALL  
DEATHS IN 2024 —  
NEARLY 1 IN 3.

**UP TO 80%**  
of premature heart  
attacks & strokes can  
be prevented

Your heart screening reviewed by  
a Senior Consultant Cardiologist

 10,000+ Consultations

 22+ Years Experience

 UK & SG Fellowship-Trained

 MOH Certified Specialist



**Dr Paul Lim  
Chun Yih**

Senior Consultant  
Cardiologist &  
Electrophysiologist



✓ **Consider screening if any of the following describes you:**

- Are aged 40 or above
- Have a family history of heart disease, heart attack, or sudden cardiac death
- Have high blood pressure, raised cholesterol, or diabetes
- Are a current or former smoker
- Experience occasional chest discomfort, breathlessness, or palpitations
- You want peace of mind
- You would like a baseline assessment of your heart to compare against in the years ahead
- Have a sedentary lifestyle or are overweight
- Are in a high-stress occupation
- Are an athlete wanting cardiac clearance

# Heart Screening Packages & Pricing

| Test                                             | Basic<br>\$368 | Plus<br>\$628 | Advanced<br>\$878 | Comprehensive<br>\$1,578 | Full<br>\$1,688 |
|--------------------------------------------------|----------------|---------------|-------------------|--------------------------|-----------------|
| Blood Tests                                      | ✓              | ✓             | ✓                 | ✓                        | ✓               |
| ECG                                              | ✓              | ✓             | ✓                 | ✓                        | ✓               |
| Treadmill Stress Test                            | ✓              | ✓             | ✓                 | ✗                        | ✗               |
| Transthoracic Echocardiogram                     | ✗              | ✓             | ✓                 | ✓                        | ✓               |
| Calcium Score                                    | ✗              | ✗             | ✓                 | ✓                        | ✓               |
| CT Coronary Angiogram (CTCA)                     | ✗              | ✗             | ✗                 | ✓                        | ✓               |
| Ultrasound Carotid Intima-Media Thickness (CIMT) | ✗              | ✗             | ✗                 | ✗                        | ✓               |



## 50+ Biomarkers Across 3 Health Profiles

Every heart screening package includes a comprehensive blood panel targeting cardiovascular risk, metabolic health, and organ function.

All packages include  
**1 Consultation**  
**+ 1 Post-Screening Review**  
with **Dr Paul Lim**



### Cardiovascular Risk

The Heart

- Lipid panel
- ApoB
- hsCRP
- Lp(a)\*

\*tested once (since it's genetically determined)



### Metabolic Health

Energy & Processing

- Fasting glucose
- HbA1c
- Fasting insulin/HOMA-IR



### Organ & System Function

The Support Network

- Full blood count (FBC)
- Liver function
- Kidney function
- Thyroid
- Calcium phosphate
- Uric acid

## ADD-ONS

## Individual Tests & Add-Ons

Prefer a single test, or want to add one to your screening package?  
The following diagnostics are available a la carte.

Ultrasound Carotid Doppler (at partner centres) **\$305.20**

Ultrasound Carotid Intima-Media Thickness (CIMT) **\$163.50**

24-Hour Holter Monitor **\$272.50 – \$381.50**

CT Calcium Score **From \$403.30**

CT Coronary Angiogram **From \$1,384.30**  
Includes Calcium Score

All prices shown are NETT and inclusive of 9% GST. Add-on tests are subject to clinical suitability and scheduling availability.

**Every heart is different.** Share your concerns with **Dr Paul Lim** and he'll help you decide what to screen for.